

**Minutes of the Walk for Health – Telford and Wrekin 5th Annual General Meeting
held on Thursday, 28th November 2019 at Meeting Point House**

Agenda Item	Title	Minutes
1	Persons present	Steve Shaw, chair, welcomed everyone. 22 people attended (list attached).
2	Apologies received	4 apologies were received (list attached).
3	Minutes of 2018 AGM	The 2018 AGM minutes were circulated and accepted. Proposed by Naomi Wrighton and seconded by Veronica Minchin.
4	Chair's report	Steve Shaw's report is attached as Appendix 1. He added that our scheme has one of the most walks nationally. The social aspect of our walks is thriving. Steve asked for suggestions for siting a further defibrillator.
5	Alf Clews Shield presentation	Alf Clews presented the shield to Colin Bradley. He described Colin as epitomising 'walking for health being more than walking', for developing community and friendship. Colin had introduced Alf to Walking for Health in 2003, having come across the scheme accidentally while shopping at ASDA.
6	Presentation of certificates to new walk leaders	Steve Shaw presented certificates to Jim Cox, Vanessa Le Breton and June Mellish. Certificates will be posted to Geoff Baxter, Donna Carter and David Kippax.
7	Special Presentations	Steve Shaw made special mention about Alf Clews, Chris Winn and Brian Elcock for their outstanding contribution as Walk Leaders over many years, having been involved since the scheme's inception. Presentations were made to Alf and Chris and will be made to Brian at a later date.
8	Co-ordinator's report	Lynne Kay's report is attached as Appendix 2.
9	Treasurer's report	Naomi Wrighton presented Mary Donaldson's report, which is attached as Appendix 3. Running expenses for the year were £945.25, which is similar to previous years. We benefitted greatly from funding from DENSO and they have agreed to support us again next year. A further grant was received from CVS Grassroots.
10	Election of committee	All eight members of last year's committee stood for re-election and were appointed unanimously after proposal by Alf Clews. They are: Mary Donaldson, Jackie Fowler, Lynne Kay, John Potter, Veronica Minchin, Steve Shaw, Jane Warman and Naomi Wrighton. No further nominations or volunteers were received. Steve Shaw also invited expressions of interest from other walkers

		and walk leaders who would be willing to join the committee during the year.
11	Any other business	<ol style="list-style-type: none"> 1. Get Telford Walking (GTW) is set for 24/05/20. There will be 20 walks for 2020. Naomi Wrighton thanked those who helped this year and said there would be an appeal for walk leaders and other volunteers. Many GP practices are not referring people to the scheme and didn't publicise last year's GTW. Other ways to engage the practices may be through the health professionals who are responsible for preventative medicine and/or through Patient Participation Groups. Persistence needed! 2. Concern was expressed about walks which do not have a designated, certificated walk leader. This particularly related to insurance cover through The Ramblers. Steve Shaw hopes to persuade one or more regular walkers to undertake training. 3. Chas Kay mentioned that some Parish Councils are trying to set up walks. Ideally they would be persuaded to come into the WfH scheme. Walks would be open to all-comers unless there was a reason for them to be a closed group e.g. residents of a care home. 4. Steve Shaw concluded by asking everyone to encourage new walkers, taking care to start newcomers on an appropriate level of walk.
12	Guest speaker: Nigel Cane-Honeysett	Nigel Cane-Honeysett gave a well-received, illustrated talk entitled "Learn to Love Spiders" - a brief look at the UK's spiders and why they are fascinating and useful.

Attached:

- Appendix 1 Chair's report
- Appendix 2 Co-ordinator's report
- Appendix 3 Treasurer's report

Signed:

Chair

Secretary